

Hands-on healing

Robert Dehn has seen many misaligned skeletons in the five years he's been practising, and now he's learnt a new technique to ease the pain it causes.

His Associate Diploma in Neuroskeletal Dynamics (NSD) is the new tool in his healing hands which stimulates the realignment process.

It has been so successful that it has been featured on the current affairs TV program Today Tonight twice.

NSD has been developed over the past 18 years in South Australia who is now passing on the knowledge to other natural health practitioners.

It works on the central nervous system, specifically activating neuro (nerve) transmission points where the practitioner applies very light pressure.

This tells the brain the skeleton is out of balance and the brain then activates the muscles to realign the skeleton.

This revolutionary treatment may be used to help relieve sporting injuries, motor accident trauma,



Relief . . . Robert Dehn works on a patient.

congenital defects, back and shoulder pain, headaches and migraine, sciatica, disk problems, scoliosis, whiplash and arthritis, just to name a few.

It can be used on most people of all ages, even where chronic diseases such as cancer or osteoporosis are present.

And where there is pain as a result of surgery, for instance a hip replacement, the pain is often caused by the spine being misaligned, and this is where NSD can help.

Robert said he had often wished for a magic wand and he now believes he has one in NSD.

It is totally non-invasive, non-manipulative, painless and has a 90 per cent suc-

cess rate, he said.

As a highly qualified health care professional, he offers a range of healing modalities including therapeutic, sport and remedial massage.

A big advocate of massage, he said it helps to release built-up tension while stimulating circulation, boosting the immune system and eliminating toxins.

To ensure patients receive the best treatment, he takes a comprehensive history of each new patient.

His dedication to improving the quality of life for his patients is reflected in their many happy faces.

For more information, phone 9388 0700 or 0413 540 514.

Schools face ruin



1/24 LEAD: One of the 300 horses that has been quarantined at Central Queensland Equine Centre.

Photos: ALAN PLACE

Riding centres fight to survive

Michael Rogers

EDUCATIONAL centres at Central Queensland Equine Centre could be jeopardised by the equine influenza outbreak.

With savings to \$100,000 from two horses destroyed by the virus, the centre's spread of the virus could be catastrophic for the centre's future. The centre's staff are all but sure of the 300 horses in

stall at the centre shared symptoms of the virus. They were among 430 horses throughout 1000 properties having travel contacts in Queensland.

Equine Health Academy manager, Angela Clarke said, the flu outbreak could cost her riding school thousands.

"We've got 300 horses in stall and no income. The already reduced show stall" she Clarke said.

"There are 300 riding schools, but there I had men last perhaps two weeks without riders, and we're looking at a 30-day closure."

Central Queensland local veterinarian Tim Roberts, who raised the alarm in Prosser, said the centre could be shut for weeks.

Equine Health Academy manager Angela Clarke said, the flu outbreak could cost her riding school thousands. "We've got 300 horses in stall and no income. The already reduced show stall" she Clarke said.



The equine centre is due to be closed for a month.



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Getting back on track

Report **NICK OLLE**

Neuroskeletal dynamics (NSD) is an Australian skeletal alignment technique that has been achieving extraordinary results in people with back problems.

Robert Dehn, the only NSD therapist in Sydney, has had a 90 per cent success rate. So what is it and how does it work?

"The short answer is that it is a non-manipulative and non-invasive technique which generates correction of the spine's alignment through electrical signals," Mr Dehn said.

The long answer is somewhat more unwieldy. NSD operates through the body's neuro-transmission points which trigger an electrical feedback process in the central nervous system when applied with light bilateral pressure from the practitioner's middle fingers.

The impulse travels to the cerebral cortex via the sensory nervous system and the resultant signal travels via the motor nerve system to the corresponding muscle or muscle groups, which contract to provide the necessary adjustment bilaterally.

"It's too simple to believe and too complicated to explain, but it works," Mr Dehn said. "People generally come as a last resort and with scepticism, but they come away happy."

"The worst thing about my business is that I fix people and they don't have to come back, but that is very satisfying."

Mr Dehn learnt NSD from Diana Hunter, who developed the technique in Adelaide 20 years ago.

As yet unrecognised in formal medicine circles, NSD is gradually gaining respect in the medical community, with several doctors recommending patients to Mr Dehn, who expects it will be formally recognised within five years. "I, too, was sceptical to start with, but my reaction from the treatment was incredible — I thought she was performing miracles," he said.

One point Mr Dehn labours is that NSD is extremely safe — the worst that can happen to a patient is nothing; the brain simply will not subject the body to pain.

"My son suffered whiplash at birth and I treated him when he was two hours old. My oldest patient is 92. The treatment is that safe, it's



Skeletal therapist Robert Dehn. Photo: Craig Wilson

100 per cent controlled by the patient's brain and there is no drugs or surgery involved."

Mr Dehn said he had relieved back pain in people for whom decades of traditional treatment had been unsuccessful. "It's important that people know that this is out there," he said.

Mr Dehn is at 1 Spring Street, Bondi Junction. Telephone: 9388 0700.

Hormone therapy talk by oncology associate professor

The treatment of prostate cancer with hormone therapy will be discussed at the October free public meeting of the St Vincent's Prostate Cancer Support Group.

It will be held from 7 pm on Tuesday, October 1, with Dr Michael Boyer as guest speaker. Dr Boyer is associate professor and senior specialist in medical oncology, Sydney Cancer Centre, Royal Prince Alfred and Concord hospitals.

Dr Boyer will speak about the complications that can arise from the therapy, including side effects and the point at which hormones no longer suppress the cancer.

He will also introduce the topic of palliative care.

Partners, family members and others are welcome to attend the session in the ground-floor meeting room, St Vincent's Clinic, 438 Victoria Street, Darlinghurst, followed by light refreshments.

Free parking is available in the clinic; entry is from Barcom Avenue.